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NEWS RELEASE

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**COMMUNITY CENTER AT LAKE CHELAN WELCOMES
ANOTHER NON-PROFIT ORGANIZATION**

***Only7Seconds* Becomes Newest Area Partner**

CHELAN, Washington (October 7, 2020) - Wellness, relationships, compassion, service and connection. Those are the core values of the Seven Acres Foundation, developers of the upcoming Community Center at Lake Chelan (CCLC). In light of that focus to best serve area residents, the organization aims to team up with a variety of non-profit entities who embrace similar beliefs. To that end, they have just announced a new partnership with *Only7Seconds*, a local group dedicated to combatting the potentially devastating effects of social isolation.

The Founder and Executive Director of *Only7Seconds*, Kristen Wall, says their organization's values definitely align with the CCLC. "Our hope is to fight isolation by creating connection, and the Community Center will provide a perfect venue to help us do just that. On the 7th day of each month, we plan to hold public workshops in the facility to enhance the lives of our area's residents, with a special focus on mental health, the effects of social media, suicide awareness, and the value of human connection. We couldn't possibly be more excited to team up with our friends at Seven Acres who are building such a vital community resource."

In revealing their newest partner, Seven Acres Executive Director, Raye Evans, said "we feel honored to team up with such a great organization. I have known Kristen Wall for a very long time, having played basketball against her during our younger years, and the passion and energy she's put into creating and managing *Only7Seconds* is truly impressive. There are so many ways we can work together, and we'll be finalizing those plans over the next several months."

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Of the many public services offered by *Only7Seconds*, one of special importance during the current Coronavirus pandemic involves showing extra appreciation to people especially hard hit during these challenging times. Each month, the organization identifies a segment of the population and sends out “care packages” to those who need hope and encouragement. These packages include a t-shirt with a motivational message, notes of encouragement from the community, “Because You Matter” stickers, wristbands and other items designed to remind others that they have purpose. During September, the program focused on a total of 94 first responders in our area, while this month teachers are being honored. Attention will then turn to small business owners during November, and customer service providers will receive this special tribute in December. Interested people wanting to sponsor a care package during any month can do so on the organization’s website (www.only7seconds.life) by simply scrolling to the bottom of the STORE page.

For more information on *Only7Seconds*, please visit their website or contact their Executive Director, Kristen Wall, at itonlytakes7seconds@gmail.com. In addition, to learn more about or donate to the Community Center at Lake Chelan, please go to www.ccatlakechelan.org or contact Raye Evans, Executive Director of the Seven Acres Foundation at raye@sevenacresfoundation.org.

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